

digital spy Printable US Show Tracker

www.digitalspy.co.uk/usa/

Monday

	8:00p	8:30p	9:00p	9:30p	10:00p	10:30p
ABC	WIFE SWAP Channel 4		THE BACHELOR		WHAT ABOUT BRIAN Channel 4	
CBS	MET YOUR MOTHER BBC Two, BBC Three	THE CLASS Channel 4, E4	TWO & A HALF MEN Five, Para Com	OLD CHRISTINE UKTV Gold	CSI: MIAMI Five, Living TV	
NBC	DEAL OR NO DEAL		HEROES Sci Fi		STUDIO 60 ON THE SUNSET STRIP Channel 4, More 4	
Fox	PRISON BREAK Five, UKTV Gold		JUSTICE Living TV		local programming	
MyNet	DESIRE Trouble		FASHION HOUSE		local programming	
The CW	EVERYBODY HATES Para Com, Five	ALL OF US Trouble	GIRLFRIENDS Trouble	THE GAME Trouble	local programming	

Tuesday

	8:00p	8:30p	9:00p	9:30p	10:00p	10:30p
ABC	DANCING WITH THE STARS			HELP ME HELP YOU Living TV	BOSTON LEGAL Living TV	
CBS	NCIS FX		THE UNIT Bravo		3 lbs BBC, UKTV	
NBC	FRIDAY NIGHT LIGHTS ITV		LAW AND ORDER: CRIMINAL INTENT Five, Hallmark		LAW AND ORDER: SPECIAL VICTIMS UNIT Five, Hallmark	
Fox	STANDOFF Sky One		HOUSE Five, Hallmark		local programming	
MyNet	DESIRE Trouble		FASHION HOUSE		local programming	
The CW	GILMORE GIRLS		VERONICA MARS Living TV		local programming	

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Wednesday

	8:00p	8:30p	9:00p	9:30p	10:00p	10:30p
ABC	DANCING WITH THE STARS		LOST Sky One		THE NINE Five	
CBS	JERICHO ITV, Hallmark		CRIMINAL MINDS Living TV, Five		CSI: NY Five	
NBC	30 ROCK	20 GOOD YEARS	THE BIGGEST LOSER Living TV		DATELINE NBC	
Fox	BONES Sky One		THE RICH LIST		local programming	
MyNet	DESIRE Trouble		FASHION HOUSE		local programming	
The CW	AMERICA'S NEXT TOP MODEL Living TV		ONE TREE HILL Channel 4, E4		local programming	

Thursday

	8:00p	8:30p	9:00p	9:30p	10:00p	10:30p
ABC	UGLY BETTY Channel 4, E4		GREY'S ANATOMY Living TV, Five		SIX DEGREES ITV	
CBS	SURVIVOR		CSI: CRIME SCENE INVESTIGATION Five, Living TV		SHARK Five, Five US	
NBC	MY NAME IS EARL Channel 4, E4	THE OFFICE ITV2	DEAL OR NO DEAL		ER Channel 4, E4	
Fox	TIL DEATH Five, Five US	HAPPY HOUR Living TV	THE O.C. Channel 4, E4		local programming	
MyNet	DESIRE Trouble		FASHION HOUSE		local programming	
The CW	SMALLVILLE Channel 4, E4		SUPERNATURAL ITV		local programming	

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Friday

	8:00p	8:30p	9:00p	9:30p	10:00p	10:30p
ABC	EXTREME MAKEOVER Living TV		MEN IN TREES Living TV		20/20	
CBS	GHOST WHISPERER E4		CLOSE TO HOME		NUMB3RS ITV	
NBC	1 vs. 100		LAS VEGAS Sky One		LAW & ORDER Sky One	
Fox	VANISHED Five		TRADING SPOUSES: MEET NEW MOMMY ITV2		local programming	
MyNet	DESIRE Trouble		FASHION HOUSE		local programming	
The CW	WWE SMACKDOWN Sky Sports				local programming	

Saturday

	8:00p	8:30p	9:00p	9:30p	10:00p	10:30p
ABC	SATURDAY NIGHT COLLEGE FOOTBALL					
CBS	various				48 HOURS MYSTERY	
NBC	DATELINE: NBC		KIDNAPPED Channel 4, E4		various	
Fox	COPS FX		AMERICA'S MOST WANTED Sky One		local programming	
MyNet	DESIRE Trouble		FASHION HOUSE		local programming	
The CW	local programming					

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Sunday

	8:00p	8:30p	9:00p	9:30p	10:00p	10:30p
ABC	EXTREME MAKEOVER: HOME EDITION UKTV Style		DESPERATE HOUSEWIVES negotiations in progress		BROTHERS & SISTERS Channel 4, E4	
CBS	THE AMAZING RACE negotiations in progress		COLD CASE Sky One		WITHOUT A TRACE Channel 4, E4	
NBC	SUNDAY NIGHT FOOTBALL					
Fox	THE SIMPSONS Sky One, Channel 4	AMERICAN DAD BBC	FAMILY GUY BBC	THE WAR AT HOME Channel 4	local programming	
MyNet	local programming					
The CW	7TH HEAVEN Hallmark		RUNAWAY Channel 4, E4		local programming	

This printable guide updated October 19, 2006.

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